

4Life Fortify®

Good Works Through Good Nutrition

- Contains a nutritional complex of vitamins and minerals
- Includes 4Life Transfer Factor®
- Provides a nutrient-rich meal, not simply porridge
- Provides proper nutrition for individuals of all ages, as well as a feeling of satiety
- Tastes great and can be enjoyed by different cultures worldwide

What is 4Life Fortify®?

In many parts of the world, children don't get the daily nourishment they need. Parents struggle to provide life-essential food for their children—let alone strengthening vitamins and minerals. This problem is especially true of children living in orphanages or receiving assistance from childcare facilities. By purchasing, donating, and promoting 4Life Fortify meal packs, 4Life distributors serve children in need of quality nutrition around the world. Each meal pack provides 12–24 great-tasting meals of rice, lentils, and beans, along with a nutritional complex of vitamins, minerals, and 4Life Transfer Factor—a great foundation for overall wellness.

4Life Fortify is a general health and wellness product, created to support the humanitarian efforts of independent distributors and help promote successful business building. Each bag purchased will be donated to children in need through Feed The Children, 4Life's third-party distribution company.

Key Features

- Includes 4Life Transfer Factor
- Provides nutrition that enriches lives
- Supplies a vehicle for distributors to be a part of a meaningful corporate-wide effort to end world hunger
- Reinforces business building efforts by awarding personal Life Points (LP)*
- May provide tax deductions, since each purchased bag of 4Life Fortify is donated to Feed The Children, a 501 (c)3 entity**

Did You Know?

The World Food Programme (WFP) reports that with more than one billion undernourished people in the world today, hunger and malnutrition are the number one risks to health worldwide. One in six people do not get enough food to be healthy. (<http://www.wfp.org/hunger>)

In addition, the World Health Organization reports that more than one third of child deaths worldwide are attributed to under-nutrition, with poverty playing a central role. (World Health Statistics, 2009)



Nutrition Facts

Serving Size: 134 g dry (approx. 2/3 cup)
Servings Per Container: 12

Amount Per Serving		
Calories 450	Calories from Fat 0	
		% Daily Value*
Total Fat 0 g		3%
Saturated Fat 0 g		0%
Trans Fat 0 g		
Cholesterol 0 mg		0%
Sodium 335 mg		14%
Potassium 1340 mg		40%
Total Carbohydrate	110 g	37%
Dietary Fiber 10 g		40%
Sugars 2 g		
Protein 17 g		33%
Vitamin A 50%	Vitamin C 100%	Calcium 45%
Iron 20%	Vitamin D 40%	Vitamin E 80%
Thiamin 90%	Riboflavin 80%	Niacin 50%
Vitamin B6 100%	Folate (total) 40%	Vitamin B12 80%
Biotin 25%	Pantothenic Acid 90%	Phosphorus 15%
Iodine 70%	Magnesium 45%	Zinc 45%
Selenium 70%	Copper 50%	Manganese 70%
Chromium 60%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	less than 65 g	80 g
Saturated Fat	less than 20 g	25 g
Cholesterol	less than 300 mg	300 mg
Sodium	less than 2,400 mg	2,400 mg
Potassium	less than 3,500 mg	3,500 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Protein	50 g	65 g

Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Long Grain White Rice, Lentils, Red Beans, Texturized Vegetable Protein, Distiller's White Rice Flour, Garlic, Onions, Vitamin Premix (Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Tocopheryl Acetate, D-Calcium Pantothenate, Niacinamide, Zinc Gluconate, Carbonyl Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Copper Gluconate, Vitamin A Palmitate, Folic Acid, Sodium Selenite, Potassium Iodide, Biotin, Chromium Chloride, Rhytonadione, Cyanocobalamin, Cholecalciferol), Green and Red Bell Peppers, Carrots, Salt, Bovine Colostrum Filtrate and Egg Yolk Concentrate, Hydrolyzed Soy and Corn Protein, Xanthan Gum, Parsley, and Flavorings.

CONTAINS MILK, EGG, AND SOY.

Ordering Information

Item # 15001

*Note: 4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify® meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join Foundation 4Life's legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

**Consult your tax advisor to determine what impact, if any, your donation of 4Life Fortify may have on your tax situation.

4Life
 TOGETHER, BUILDING PEOPLE™